

Steakhouse Live: Slow Sunday

21 October 2018 | Toynbee Studios | 11-9pm

Hello and welcome to the first ever Slow Sunday! Throughout the day, you are invited to move in and out of the spaces as you wish, so feel free to stay and linger with one artist for the whole duration or keep exploring the building, its totally up to you – it is your Slow Sunday!



LADA Pop-up Study Room: 11am-7pm, Studio 5 (1st floor)

A calm and informal area to read, relax and take time out of the busy performance environment for a moment of reflection on the work.

Jade Montserrat | No Need For Clothing: 11am-6pm, Fire Room (1st floor)

This performance speaks of entanglement and commodity fetishism. A polemic engaged in combat between histories of colonialism and today's realities, imposition and economies of trust, protection and survival.

Rosie Gibbens | Auto Erotic Assimilation: 12.45-1.45pm, Studio 3 (3rd floor)

An abstract orgy with everyday objects where the normal functions of items are rejected and mundane routine is fetishised. *Auto Erotic Assimilation* appropriates gestures used in advertising, customer service and pornography in attempt to both understand and undermine them.

Eirini Kartsaki | HERPES: 1-1.30pm & 6.30-7pm, Theatre (ground floor)

HERPES plays with eroticism and humour to explore the ways we're told we need to stop banging the whole world, because if we don't we will of course get herpes. It is a refusal to settle down or settle in. It says I want to live my life as if it is mine, because it is mine.

****LIMITED CAPACITY PERFORMANCE WITH NO LATECOMERS****

Forced Entertainment | Quizoola!: 2-8pm, Court Room (1st floor)

An extraordinary improvised performance in which three performers in smeared clown make-up ask and answer questions for a continuous six hours. Dark, hilarious, absurd and intimate, it is a game that survives from moment to moment, a comical and sometimes brutal interrogation that soon gets out of hand.

Symoné | Join the Family: 2.15-3.45pm, Studio 3 (3rd floor)

Join the Family explores the personal experience of cult life and the idea of truth vs. manipulation. Referencing the common casual manipulations of sex, pop music, politics and money this physically intense performance will escalate in sensory detail from erratic sounds, music, projected images, and technical dancehall and circus tricks.

Yeast London Cabaret | The Reunion: 2.30-5.30pm, Theatre (ground floor)

The Yeast London Cabaret collective was born 5 years ago. REPULSED by the increasing counter-cultural assimilation of East London into the commodity logic of cultural capitalism they took the art of failure to ecstatic and dizzying new heights of hellish depravity and proved punk's pretty much only alive in queer transgression. Join **Oozing Gloop, Ellis D, Kevin Le Grand Bailor** and **Lewis G Burton** for this special reunion to reconnect, reminisce and remember those sordid late nights in overcrowded, sticky floored basements.

Eunjung Kim | Temporal Fragments: 4.15-5.15pm, Studio 3 (3rd floor)

Eunjung Kim presents a fragment of an unrecorded myth that is not affected by existing historical and social power structures. Over time the mythology fractures and decays leaving what is left from the body to form a new map of the world out of the limits of social reality.

crazinistT artisT | strikedthrough: 7-8pm, Studio 3 (3rd floor)

crazinistT artisT believes in unconditional love for humanity, regardless of one's sense of belonging or identity. [sHe/it...] investigates and questions the social constructivism of human existence and its relationship with the "culturality" of gender stereotypes and sexual misrepresentation.



Please note: To maximise everyone's enjoyment of the work we will be operating a one in, one out system in some rooms if they get too full.

Steakhouse Live Crew: Katy Baird, Mary Osborn, Natalie Wong and Jo Bligh with extra support from Lucy Hutson and Alex Lawless.

Big thanks to: Artsadmin, LADA,]performance s p a c e [, LAUK: Diverse Actions, Arts Council England, Jen Smethurst, and all of our amazing volunteers!

Steakhouse Live is a DIY platform for radical performance practices.

www.steakhouselive.com | @steakhouselive | #slowsunday